

The Relationship between Perfectionism and Anger*

Cagla Girgin Buyukbayraktar¹ and Omer Ure²

¹Faculty of Occupational Education, Selcuk University, 42003 Konya, Turkey

²Faculty of Education, Mevlana University, 42003 Konya, Turkey

E-mail: ¹<cagla.girgin@hotmail.com>, ²<oure@mevlana.edu.tr>

KEYWORDS Students. University. Perfectionist. Anger. Relation

ABSTRACT The aim of the paper is to examine the relationship between perfectionism and anger in university students' sample. The paper is a survey model composed of 725 students. The data used to determine the individual qualities in the paper are Multidimensional Perfectionism Scale, Multidimensional Anger Scale and 'Individual Information Inventory'. In this study, it was discovered that social dimensional perfectionism of male students' perfectionism level is found expressively higher than those of females. In other sub-dimensions, no remarkable differences were found. According to gender, when the feeling of not being taken seriously subdimension considered, it was also discovered that the anger level of female students has been found higher than male students' and on the other hand concerning the unconcern behavior sub-dimension, anger of male students has been found higher than those of females. The researcher also discovered that there is a positive and significant correlation between students' perfectionism and anger.